

Friends of Unity

Supports our community

P-CCS

MENTAL HEALTH

& WELLNESS FAIR

2025

Enjoy a full day of **FREE** activities for people of all ages! Meet community Mental Health Experts, learn about the resources in our community from local businesses, and take home crafts and materials geared towards bringing awareness to mental health and overall wellness.

100+ MENTAL HEALTH & WELLNESS BOOTHS

EVENT HIGHLIGHTS

- WWE - ZACH GOWEN
- CHAIR MASSAGES
- RAFFLES
- THERAPY DOGS
- PETTING ZOO
- WALK-THROUGH BRAIN
- FAMILY FUN ZONE / FIT KIDS
- MUSIC & FREE FOOD
- LEGO CENTER
- FREE VISION SCREENING
- CAROUSEL PETTING ZOO
- CREATION STATION

**26
APRIL
2025**

10AM - 2 PM

KELLOGG PARK,
DOWNTOWN
PLYMOUTH

Please see
Deb Willett or Sherry Wells
to Volunteer