

Friends of Unity



World Day of Prayer Affirmation 2024

Affirmation

As we unite hearts and minds with people from around the globe, this year we are affirming together: Fueled by faith, I can move mountains.

Guiding Prayer

We invite you to contemplate this year's guiding prayer:

Taking this time to align with Source energy, I breathe into the awareness of my divine potential and allow for magnificent Truth to declare, my faith moves mountains.

At various times in my life, through the evolution of my consciousness, I may be faced with tenuous circumstances. I may experience times of confusion, and unease. Through the power of prayer, I realign with the divine at the center of my being and I invite calm, peaceful thoughts that redirect my energy affirming life and peace.

As I activate the power of faith, I am aware of the activity of deep compassion always moving forward, moving to a higher vibration of wholeness. I know this activity is working for my highest good. I am filled with deep faith. I trust this sacred presence and I move forward with clarity and confidence.

I know what mine is to do, and I do it with ease. I rest easily when it is time to wait and rest, and I stride boldly when it is time to move forward.

I create space for healing, for greater wisdom, and unconditional love to express through me in my every word, thought, and deed.

I am aligned in faith. I am strong. I am grateful. I trust that my highest good is unfolding.

In this time, in this place, I affirm my unity with the one power and one presence, and I declare it is good.

And so, it is. Amen.

prepared by Florence Ernzen, Minister Emeritus

